



Great Place to spend time with family & friends

NOTHING BRINGS  
**PEOPLE**  
TOGETHER LIKE  
**GOOD**  
**FOOD**

**Teega, Puteri Harbour**

Lot R-GL2,3 &4, Ground Floor, Menara Teega,  
Jalan Lebuh Laksamana, Puteri Harbour,  
Iskandar Puteri, Johor Bahru, Johor.

Tel : +607-267 4711 / Mobile : +6012 - 766 4711

 The Tribus at Teega, Puteri Harbour

**Impian Emas, Skudai**

No. 28, Jalan Impian Emas 7,  
Taman Impian Emas, 81300 Skudai, Johor.


Tel : +607 - 562 7492 / Mobile : +6012 - 712 7492

 Restaurant The Tribus

Fax : +607 - 558 8971

Email : [enquiry@tribus.com.my](mailto:enquiry@tribus.com.my)

[www.tribus.com.my](http://www.tribus.com.my)

 [thetribus](https://www.instagram.com/thetribus)



Appetizer  
 Kids Menu  
 Pasta  
 Sandwich  
 Wrap  
 Burger  
 Asian Favourite  
 Tribus Ikan Bakar  
 Main Course  
 Platter  
 Snacks  
 Dessert



Fresh Juice  
 Coffee  
 Special Coffee  
 Chocolate  
 Tea  
 Milk Shake  
 Frappe  
 Mocktail  
 Soft Drinks





# Appetizer



## Chicken Caesar Salad

Iceberg lettuce, romaine lettuce with  
grilled chicken breast, croutons &  
parmesan cheese

rm 17.80

## Garden Salad *Vegetarian*

Assorted green garden salad  
served with **Choice of**

**Balsamic Dressing OR**

**Thousand Island OR**

**Vinaigrette Dressing**

rm 13.80



## *Vegetarian* Greek Salad

Assorted lettuce, cucumber, capsicum,  
cherry tomatoes, olives and feta cheese  
served with lemon dressing

rm 13.80

## Hummus *Vegetarian*

Dip made from chickpeas,  
lemon juice, garlic, salt and  
tahini served with tortilla bread

rm 11.90



## *Vegetarian* Edamame Beans

Boiled edamame beans

rm 9.80



# Appetizer



## Nachos

Deep fried tortilla with shredded grill chicken, Tribus salsa and cheddar cheese

**rm 18.80**

Extra Cheese rm 1.00

## Smoked Salmon

Toasted French bread topped with smoked salmon, cream cheese, capers and onion ring

**rm 38.00**



## Salmon Canape

Cheese cracker topped with smoked salmon, cream cheese and sliced olives

**rm 18.80**



# Appetizer



## Cheezy Chicken Skewer

Grilled cheezy chicken served with BBQ sauce and roasted potatoes

rm 15.80

## Tribus Garden Grill

*Vegetarian*

Grilled button mushrooms, capsicum and onion served with BBQ sauce and roasted potatoes

rm 13.00



## Seafood Bruschetta

Toasted French bread topped with mix grilled seafood and cheddar cheese

rm 18.80

## Mushroom Bruschetta

*Vegetarian*

Toasted French bread topped with sauteed mushroom and cheddar cheese

rm 18.80





# Appetizer



## **Tribus Cream of Mushroom**

Homemade creamy mushroom soup served with garlic bread

**rm 12.80**

## **Tribus Onion Soup**

Homemade onion soup served with cheese crouton

**rm 9.80**



## **Vegetarian Lentil Soup**

Vegetarian soup made with lentils and vegetables, season with turmeric and cumin powder topped with boiled rice

**rm 9.80**





# KIDS menu



## Meatball Spaghetti

Homemade chicken meatball served  
with spaghetti

Choice of **Napolitan** or **Carbonara** Sauce

**RM 11.80**



# KIDS menu



## Crabby Burger

Homemade grilled chicken patty  
served with French fries and coleslaw

**RM 11.80**

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## Minion Chicken

Deep fried breaded chicken thigh  
served with mash potato, coleslaw and curly fries

**RM 11.80**



# KIDS MENU

## Mini Tribus Porridge

Ginger flavoured rice porridge topped with shredded chicken

RM 11.80



## Mini Parmigiana With Rice

Deep fried chicken thigh topped with tomato sauce, mozzarella cheese, coleslaw and served with rice

RM 11.80



## CHICKEN Nuggets

Tempura chicken nuggets served with French fries and coleslaw

RM 11.80





# Pasta



## Seafood Carbonara

Blanched spaghetti with homemade carbonara sauce tossed with mussels, clam, squid, prawn, turkey bacon and poached egg

rm 32.80



## Salmon Marinara

Gratinated salmon with cheese on bed of spaghetti napolitan

rm 32.80



## Vegetarian Mushroom Aglio Olio

Spaghetti with mushroom, cherry tomato, basil and tossed with garlic oil

rm 18.00



# Pasta



## Chicken Piccata with Spaghetti

Grilled chicken breast marinated with parmesan cheese and egg served with spaghetti napolitan and sauteed vegetables

rm 28.80

## Spaghetti Bolognese

Minced meat cooked with bolognese sauce, bedded with spaghetti and topped with parmesan cheese

Choice of  
**Chicken**  OR **Beef** 

rm 19.80



## Pesto Chicken

Pesto marinated grilled chicken served with spaghetti napolitan and sauteed vegetables

Choice of  
**Spaghetti**  
OR

**Tomato Rice**

rm 28.80





# Pasta



## Fettuccine with Salmon Sauce

Fettuccine pasta tossed with salmon cream sauce and topped with smoked salmon

rm 26.80

## Chicken Curry Flavoured Fettuccine

Fettuccine pasta tossed with creamy chicken sauce infused with curry leaves and chilli

rm 19.80



## Lasagna

Layered lasagna with minced meat and parmesan cheese and bake to perfection

Choice of



**Chicken OR Beef**



rm 24.80



## Vegetable Lasagna



Layered lasagna with mix veggies and parmesan cheese and bake to perfection

rm 18.00





# Sandwich

## Finger Sandwich

1/2 dozen

Choice of

**Egg OR Tuna OR Chicken**

**rm 13.80**



## Club Sandwich

Toasted bread with egg, cheese,  
turkey bacon, tomato and gherkin  
served with French fries

**rm 15.80**





# Wrap



## Enchiladas

Marinated grill meat with tortilla wraps topped with spicy enchilada sauce, cheddar cheese and Tribus salsa

Choice of

Chicken



OR

Beef



rm 26.80



## Chicken Tacos

Marinated grill chicken and cheese wrapped with tortilla, served with Tribus salsa and sour cream

rm 19.80



## Fajitas

Marinated grill meat wrapped with tortilla, served with Tribus salsa and sour cream

Choice of

Chicken



OR

Beef



rm 19.80



# Wrap



**Vegetarian**

## Chilli Bean Tortilla

Chilli bean wrapped with tortilla  
served with Tribus salsa and sour cream

**rm 16.80**



## Vegetable Crepes

Crepes stuffed with mix veggies  
served with tomato cream sauce  
and parmesan cheese

**rm 14.90**

**Vegetarian**





# Burger

## Grilled Burger

Homemade meat pattie served with fresh lettuce, tomato and gherkin and served with French fries

Choice of **Cheese** OR **Egg**

Chicken - rm 18.80

Beef - rm 21.80



## Ohlong Burger

Multi grain bun layered with crispy fried chicken thigh, tomato, lettuce and gherkin served with French fries with **choice of**

- Original
- Cheezy Sauce
- Sambal Sauce

rm 18.80





# Asian Favourite



## Nyonya Laksa

Spicy nyonya gravy accompanied with noodles, prawn, chicken, fried fish ball, fried beancurd, beansprout and boiled egg

Choice of  
**Yellow Noodle OR Bee Hoon**

**rm 14.80**

## Mee Goreng Mamak

Stir fried yellow noodles with homemade sauce served with prawn and egg

**rm 16.90**



## Tribus Hot & Spicy Noodle

Yellow noodles with asian spicy soup served with chicken, egg and kimchi salad

**rm 16.00**



# Asian Favourite



## Tribus Chicken Fried Rice

Stir fried rice with homemade chilli paste, egg and served with marinated grill chicken and fish crackers

rm 15.80

## Tribus Nasi Goreng Kampung

Stir fried rice with chilli paste chopped chilli, fried anchovies, egg and served with marinated grill chicken, egg and fish crackers

rm 17.80



## Vegetarian Fried Rice

Stir fried rice with vegetables served with garden grill skewer and BBQ sauce

rm 13.80





# Asian Favourite



## Gobi Manchurian

Stir fried cauliflower, capsicum and onion in chilli paste and served with white rice

rm 12.90

## Honey Glaze Chicken

Marinated grill chicken with honey sauce served with tomato rice and sauteed vegetables

rm 28.80



## Roasted Chicken Tikka

Pulao rice with roasted chicken tikka masala served with raita and papadum

rm 28.80



# Tribus Ikan Bakar

6 pm - 11 pm



## **Pari (Stingray)**

Stingray fish and ladies finger grilled with spicy traditional chilli paste

**(250gm) — rm 32.90**

**(500gm) — rm 59.90**



## **Sotong (Squid)**

Squid and ladies finger grilled with spicy traditional chilli paste

**(250gm) — rm 28.90**

**(500gm) — rm 49.90**



## **Petai Sambal (Bitter Beans)**

Petai and ladies finger grilled with spicy traditional chilli paste

**rm 7.00**





# Main Course



## Grilled Salmon Steak

Grilled salmon served with sautéed vegetable and mash potato served with choice of

**Creamy Leek Sauce**

**OR**

**Ginger Glaze Sauce**

**rm 54.80**

## Grilled Salmon Teriyaki

Grilled salmon steak coated with teriyaki sauce and served with French fries, cucumber salad and sautéed vegetables

**rm 52.80**



## Grilled Barramundi Fish

Grilled barramundi bedded with spicy tomato sauce served with mash potato and sautéed spinach

**rm 27.90**



# Main Course



## Fish & Chips

Crumbed fried dory fish served with French fries and tartar sauce

**rm 19.80**

## Mediterranean Seafood Rice

Chef's style tomato flavoured seafood rice tossed with bell peppers, squid, mussel, shrimp and served with garden vegetables

**rm 29.80**



## Spicy Mussel Cioppino

Mussel stew flavoured with cumin, tomato and lemon grass served with French bread

**rm 28.00**





# Main Course



## Grilled Chicken

Marinated grill chicken served with sautéed mix vegetables, potato wedges and mash potato

Choice of **Black Pepper Sauce** OR **Mushroom Sauce**

rm 28.80

## Chicken Teriyaki



Marinated grill chicken coated with teriyaki sauce bedded with sautéed vegetables served with coleslaw and white rice

rm 28.80



## Chicken Chop

Deep fried marinated chicken served with salad, potato wedges and mash potato

Choice of **Black Pepper Sauce** OR **Mushroom Sauce**

rm 28.80

## Ginger Chicken



Ginger sautéed chicken served with tortilla bread

rm 21.80





# Main Course



## Nuts Crusted Lamb Rack

Grilled lamb rack coated with crushed nuts and served with hummus, ratatouille, tortilla and drizzled with molasses

rm 89.90

## Grilled Lamb Shoulder Stew

Slow cooked lamb shoulder cubes served with vegetables, mash potato and French loaf slices

rm 22.90



## Braised Lamb Shank

Herb braised lamb shank served with homemade mash potato and sauteed vegetables

rm 59.80





# Main Course



## Grilled Lamb Chop with Mint Yogurt

Marinated grill lamb chop served with sautéed vegetables, mash potato, potato wedges, mint yogurt and black pepper sauce

rm 49.80



## Lamb Karahi

Masala lamb served with tortilla bread

rm 36.80



## Vegetable Karahi

Vegetable masala served with tortilla bread

rm 16.00



## Tribus Claypot Lamb

Lamb curry cooked with homemade spices served with sliced bread

rm 38.80





# Main Course



## Beef Tenderloin Steak

Grilled fillet of beef tenderloin to your perfection served with jacket potato, mash potato and sauteed vegetables

Choice of

**Black Pepper Sauce OR Mushroom Sauce**

**rm 68.80**



# Main Course



## Sirloin Steak (Beef)

Grilled sirloin steak to your perfection served with jacket potato, mash potato and sautéed vegetables

*Choice of*

**Black Pepper Sauce**

**OR**

**Mushroom Sauce**

**rm 59.00**

## Ribeye Steak (Beef)



Pan seared ribeye steak to your perfection accompanied with French beans, sunny side up egg and roasted baby potato served with homemade teriyaki sauce

**rm 48.90**







# Platter



## Tribus Mix Grill

Mixed platter of marinated grill chicken, lamb chop, prawn with

*Choice of*

**Sirloin Steak (Beef)**  or **Salmon Steak (Fish)** 

served with sautéed vegetables  
and mash potato served with

**Black Pepper Sauce** **Mushroom Sauce**  
and **Orange Glaze Sauce**

rm 116.80



# Platter

## Revolution Platter

Mixed platter of grilled chicken sausage, chicken carnation, cheese chilli toast, deep fried shrimp, cheezy chicken fritters, potato wedges and served with garden salad, mustard sauce, chilli sauce and tomato sauce

**rm 52.80**



## Assorted Platter

Mixed platter of local mix seafood rice, fish tempura, black pepper lamb, garden grill, cheezy wedges and served with Thai sweet chilli sauce

**rm 84.80**





# Platter



## Blue Reef

Deep fried salmon cube, tempura prawn, squid and served with Thai sweet chilli sauce and chilli mayo

rm 32.80

## Tribus Bites

Deep fried fish finger, chicken croquettes, shrimp fritters and onion ring served with mayonnaise

rm 32.00



*Vegetarian*

## Tribus Potato Platter

French fries, curly fries and potato wedges served with mayonnaise

rm 22.80



# Snacks



**Hot BBQ  
Buffalo Wing**  
BBQ flavoured wings  
**rm 16.80**

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## **Mexican Spiced Chicken Wing**

Mexican-style spicy wings served with  
homemade jalapeno sauce

**rm 16.80**



## **Chicken Boxing**

Deep fried spicy marinated chicken  
wings served with tandoor salad

**rm 15.00**

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## **Tribus Chicken**

Deep fried spicy marinated  
boneless chicken

**rm 15.00**





# Snacks



## **Anchovies Fry**

Deep fried anchovies with capsicum, onion, chilli padi and chilli flakes

**rm 26.80**

## **Spicy Sausage & Anchovies**

Stir fried sausage and fried anchovies tossed with chilli padi and chilli flakes

**rm 18.00**





# Snacks

*Vegetarian*



**French Fries**  
rm 12.00

*Vegetarian*



**Potato Wedges**  
rm 15.00

*Vegetarian*



**Curly Fries**  
rm 15.00

*Vegetarian*



**Sauteed Mix Vegetables**  
Broccoli, Cauliflower,  
Zucchini & Carrot  
rm 8.00

*Vegetarian*



**Sauteed Spinach**  
rm 9.00

*Vegetarian*



**Mash Potato**  
rm 12.00

*Vegetarian*



**Fish Crackers**  
rm 12.00



**Garlic Bread**  
rm 8.80



# Dessert



## Chocolate Lava

Homemade chocolate lava served  
with premium ice cream  
Choice of flavours

- Chocolate
- Vanilla
- Strawberry

rm 24.80

## Brownies

Brownies served with caramel sauce  
served with premium ice cream  
Choice of flavours

- Chocolate
- Vanilla
- Strawberry

rm 18.80





# Dessert



## Banana Split

Banana, premium vanilla, chocolate and strawberry ice cream topped with whipped cream

rm 24.80

## Premium Ice cream

Choice of flavours

rm 11.80

(per scoop)

- Chocolate
- Vanilla
- Strawberry







# Beverages